

Essential Fatty Acids in Emu Oil

We continue to see, hear and find out more information about the wonderful world of Essential Fatty Acids. Here are some excerpts from various publications that back the EFA's in Emu Oil.

- ü "Omega-3s are, right now, the superstars of the nutrition world," said Katherine Tallmadge, a Washington, D.C., nutritionist who's a spokeswoman for the American Diabetic Association. "There's no question about it--this is a really critical nutrient that we need, and hardly any Americans are getting enough."
- ü Essential Fatty Acids may help depression. Two studies published in the European Journal of Clinical Nutrition explored the correlation of fatty acids to rates of depression. Both studies positively indicated a reduction of depression. WOW! EFA's are good for lowering inflammation, lowering cholesterol and now depression!
- ü 63% of U.S. households own at least one pet. Consumers will shell out more than \$34.8 billion in 2006. Interest in pet nutrition is at an all time high. Since animals cannot shop for themselves, it is up to us to educate pet owners about the healthy benefits of specialized supplements such as Emu Oil. Over 60% of pets suffer from some form of arthritis, ranging from stiffness in the joints to damaged ligaments and tendons. Do not wait for your pet to show visible signs of pain. We have the answer right under our noses - Emu Oil. K-9 Essential Gel Capsules are very easy to administer and you can be sure the dosage will be accurate everyday.
- ü Currently 4-8 million adults suffer from Fibromyalgia, with women making up 90% of those afflicted with musculoskeletal aches, pain and stiffness, soft tissue tenderness, general fatigue and sleep disturbances. Anti-inflammatory gels can provide relief for this type of ailment. Many testimonials have been sent in about Cryo Gel helping fight these aches and pains. The pain and swelling are decreased tremendously helping out with the fatigue and sleep disturbance issues.
- ü Overall growth for EFA's in the marketplace has tripled over the past year. The American Heart Association's recommendation for Omega 3 fats in reducing the risk of cardiovascular disease is one of the primary reasons. This is very vital for our industry because of Emu Oil's unique EFA combination and the "X" factor that has yet to be determined. EFA's support the cardiovascular, reproductive, immune and nervous systems. In fact humans need EFA's to manufacture and repair cell membranes, enabling cells to obtain optimal nutrition and expel harmful waste products.
- ü EFA's are important for children, particularly for neural development and sensory systems. Mother's intake of EFA's is especially crucial during breast feeding. Studies indicate that children who receive high levels of EFA's during breast feeding are more focused, less hyperactive and have stronger immune systems.
- ü Emu Oil's (Omega 3, 6 and 9) are comprised of long fatty acid chains (18 carbons). These fatty acids are unsaturated and poly-unsaturated making them essential to our health!

These Essential Fatty Acids can be found in Clover [Creek's Essential Health plus gel capsules.](#)