

Emu Oil for Rosacea

What is Rosacea?

This is a disease affecting the skin of the face. It usually starts with redness on the cheeks and can worsen to include additional symptoms. Rosacea may be hard to recognize in its early stages because changes are gradual. As far as we know today, Rosacea cannot be cured, only controlled.

Rosacea is usually seen in adults, affecting fair-skinned people most often. Women get Rosacea more often than men, but men are more likely to develop rhinophyma. One famous person who had Rosacea was W.C. Fields - many folks thought Mr. Fields facial coloration was linked to alcoholism, when in fact, it was Rosacea. Drinking alcohol can make rosacea worse, even people who never drink alcohol can develop rosacea.

What Causes Rosacea?

There are many theories but none have been proven. Researchers now believe that there is some link between rosacea and "blushing". This is a chronic condition.

Symptoms may come and go in cycles. The condition may go in remission for a while, it is often followed by a worsening of symptoms (redness, pimples, red line or nasal bumps).

How Can Emu Oil Help My Rosacea?

Always seek professional medical assistance for Rosacea. As part of your regime of skin care for Rosacea effected skin, it is important how and what you use to cleanse your face -- and keeping your skin moist. Follow a regular cleansing routine, using **Emu oil soap**. Since Emu oil is a "tissue nutrient", Emu oil soap is gentle to the skin, and moisturizes the skin rather than drying it. Recommendations of the National Rosacea Society (NRS) are to apply a quality moisturizer to the skin after mild cleansing. Here is where pure Emu oil comes into play. Apply Emu oil to your skin 3 times per day. Emu oil is an excellent skin moisturizer which penetrates deep into the many layers of the skin. Since Emu oil mirrors the composition of the lipid profile of human skin, you won't find a better companion for your skin. Additionally, emu oil contains anti-inflammatory properties. The NRS also recommends choosing facial products that will not clog pores. Emu oil is noncomedogenic, and will not clog pores.