

Emu Oil and Acne

HEALING THE NATURAL WAY!

Can Emu Oil help those with acne? Several **American** medical schools have conducted research on Emu Oil over the last several years and have found that this oil consists of numerous health properties that are beneficial to one's skin. The makeup of Emu Oil is almost 100% triglyceride lipid. **Triglycerides are abundant in human skin lipids, meaning that the composition of fatty acids in human skin is very similar to that of Emu Oil.** This makes the absorption of Emu Oil into human skin **faster and more effective**.

The documentation on the anti-inflammatory properties of Emu Oil, as compared by medical researchers in Australia to a number of leading inflammatory products on the market, shows that Emu Oil excels above other commercial products. Registered pharmacist Kristi Tomlin acknowledges that the **main problem** with anti-inflammatory products **currently on the market** is their **side effects**. The **oral anti-inflammatory** eventually **causes stomach discomfort and irritation**. The next problem is that it **eventually stops working**. Then the patient **builds a tolerance** for the medication, **leaving it ineffective**.

Causes for acne may include one or a combination of the following:

- ❖ **Environmental pollutants**
- ❖ **Genetics**
- ❖ **Hormones**
- ❖ **Humidity**
- ❖ **Physical irritation**
- ❖ **Prescribed medications**
- ❖ **Oil-based cosmetics**
- ❖ **Stress**

Of the 85% of teenagers (between 12 & 24) that suffer from acne, 25% will have **permanent scars** ranging from light to severe.

The **American Dermatologist Association** finds that:

- ❖ 20% of ALL **adults** have **active acne**.
- ❖ **60 million** Americans have active acne.
- ❖ **20 million** Americans have acne bad enough to cause **scars**.
- ❖ Only **11%** of acne sufferers **seek help!**
- ❖ **Acne is considered a social taboo.**

A growing number of doctors who, **through research**, are **changing their mind** regarding the **use of antibiotics** to treat acne. **Long term use** of antibiotics in the treatment of acne is **resulting** in either of **two common infectious illnesses-that of upper respiratory tract infections or urinary tract infections**.

HOW EMU OIL HELPS HEAL ACNE.

There are many reasons why Emu Oil is **developing an International reputation** and a keen **American** following. **American** & Australian researchers have discovered that **this oil is anti-inflammatory**, thus it **reduces swelling in the tissues**. It is also **bacteriostatic**, which means it **does not promote** the growth of **bacteria**. Emu oil can be considered **hypoallergenic** since it **does not irritate the skin** or have any known side effects-one of its hallmarks. Medical researchers have found that Emu Oil is **non-comedogenic**-does not clog the pores. Emu Oil also **contains vitamin A**, a known antioxidant, which **helps repair** damaged skin and **helps prevent** free radicals in the body. Emu Oil also consists of Linoleic acid, which is a **cell regenerator**. Some people with acne are finding that Emu Oil is not only **helping with the elimination** of their acne, but it goes a step further in **helping to fade red marks**, and in healing inflamed or sore pimples. According to Dr. Alex Zemtsov, "It has been **proven and documented** that the **claims about** the [Emu] Oil - **penetrating, emulsifying, non-comedogenic, non-irritating, and highly moisturizing** - are true."

Some people wonder **why** it is necessary to **add vitamin E** to Emu Oil, if it is **similar to our skin's** makeup. **Vitamin E prolongs shelf life**. Additionally, because of the **transdermal effects** of Emu Oil, **the vitamin E is carried** beneath the skin's surface **to help with healing and repair** at the cellular level.